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who makes
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Every issue of *Canadian Living* serves up a menu of delicious recipes from easy and nutritious meals that are ready in minutes to fabulously elegant dishes for special occasions. And each one is Tested Till Perfect in our kitchen so it'll turn out perfectly in yours!

FAMILY LIFE & PARENTING

Gain fresh insights and practical advice on nurturing a happier, healthier family. From effective parenting to compassionate elder care and rewarding relationships, you can count on *Canadian Living* for real-life solutions that make sense for you and your family.

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Canadian Living helps you take control and make smarter health, wellness and nutrition decisions. Whether it's your physical, emotional or spiritual health – we'll give you the information and resources you need to live longer and better.

FASHION & HOME DÉCOR

Canadian Living scours the market to discover the freshest, most wearable fashion and beauty trends... plus the latest beauty and skin care products that allow you to express your own sense of style. And you can count on *Canadian Living* to inspire you with creative ways to renovate and decorate and turn your home and garden into beautiful, livable family spaces.



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Yes, *Canadian Living* can even help you put your money to work better! We cover timely and relevant money stories that help you plan your family's investment strategies. From RRSPs to RESPs to buying a house or saving for a vacation, *Canadian Living* can help you make the most of every dollar.



COMMUNITY

Canadian Living also profiles the inspiring Canadians who have made a difference in our communities, and shows how we're better off for their actions.

More than ever, *Canadian Living* is helping women coast to coast manage their families, their health, their busy lives and still have time to enjoy it all!

Yours FREE!



A collection of Canadian Living favourites

Want to make someone happy? Bake them a batch of these delicious treats. Your family and friends will be thrilled with this delicious collection of the *Canadian Living* Test Kitchen's favourite recipes for cookies, bars and squares. With step-by-step recipes for everything from easy-to-make Oatmeal cookies to Almond Biscotti and Chocolate Raspberry Crumble Bars.

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