

"The only type of CoQ10 you should be taking now"

This Japanese breakthrough helps you achieve higher levels in your bloodstream, more energy and even better antioxidant protection.

By Robert J. Rowen, MD

Dear Friend,

If you are concerned about your heart health ... if you suffer from fatigue, muscle aches, or memory issues... then this is going to be big news for you.

You probably know that CoQ10 plays a pivotal role in your health. CoQ10 is the "spark plug" that ignites energy production in every one of your 50 trillion cells. Without CoQ10 ... no energy ... and no life!

CoQ10 is also one of the most powerful antioxidants in your body. It works inside your cell membranes and crosses the blood-brain barrier. It protects your cells, proteins and even your DNA from free-radical damage.

But as good as CoQ10 is, there's a big problem with taking it as a supplement...

The problem with the CoQ10 you're taking now

It's very difficult for your body to absorb conventional CoQ10. Even if it's packed in liquid gel caps with vitamin E or fat to make it easier to absorb. Only as little as 4% may actually reach your bloodstream.

But until now, this conventional CoQ10 was your best (and only) option. I took it myself and prescribed it to my patients for many years.

Another problem is that once the CoQ10 enters your body, it has to be converted to a more natural, bioavailable form of CoQ10 called ubiquinol — before you get any of its energy-boosting benefits.

That's okay when you're young. But as you get older, you convert less and less. Your total levels of CoQ10 drop. So does your ability to metabolize CoQ10 into the bioavailable form your body really needs.

Medications can lower your CoQ10 levels, too. I've been warning you about cholesterol-lowering statin drugs for years. Here's why.

Statins work by suppressing an enzyme in your liver that makes both cholesterol and CoQ10. So it's no surprise that statins can cause a CoQ10 deficiency. In fact, statins can reduce blood levels of CoQ10 by up to 40%.

This deficiency can lead to many heart, muscle and brain problems. And with statins, you may not see the side effects for a year.

But now I've got great news for you. Japanese scientists have now developed ...

The most bio-available form of CoQ10 ever

If you break open a standard CoQ10 capsule you'll see a familiar orange substance. That's the conventional form of CoQ10 we've known for years. It's called ubiquinone.

For the past 40 years, that was the only type of CoQ10 available in

For the past 40 years, that was the only type of CoQ10 available in supplement form. You had to swallow conventional CoQ10 then wait as your body converted it to the more bioavailable form called ubiquinol. Only then could your body start to use CoQ10's amazing power to charge up your heart, brain, muscles and cells.

For years, scientists struggled to find a way to capture and preserve this "bio-identical" form of CoQ10. The trouble was, ubiquinol is extremely unstable. It "oxidizes" into ordinary CoQ10 seconds after it's exposed to air or sunlight.

But now, after more than 10 years of research and development, scientists in Japan have found a way to encapsulate this more bio-available form of CoQ10 in a supplement form that's...

8 times better absorbed!

Perhaps the most exciting aspect of this new type of CoQ10 is how bioavailable it is. Ubiquinol is absorbed quickly and in high amounts—far higher than regular CoQ10. In fact, studies show that ubiquinol is absorbed 8 times more efficiently than the standard CoQ10.

That means just 25 mg per day of ubiquinol provides virtually the same high CoQ10 blood levels as 200 mg of standard CoQ10.

Highest CoQ10 blood levels ever recorded!

Ubiquinol is so much more bio-available that in one study, it raised plasma levels from .59 to .91 in young people, and from .82 to 1.33 in older patients. That's a 62% lift in CoQ10 blood levels. And that's just the beginning...

- Another study showed 300mg of ubiquinol for 4 weeks caused a "markedly high" serum level of 8.413umol/L — an 11-fold increase over baseline.
- The highest net increase in blood levels of any research study to date occurred using ubiquinol at a dose of 600 milligrams daily. Blood levels reached 10.7 umol/L - *higher than in any previous study of CoQ10!*
- And get this: healthy volunteers in their 50s took conventional CoQ10 for a year. They still couldn't match the CoQ10 plasma levels achieved by volunteers taking ubiquinol for just 3 months.

This shows that you can take smaller doses of ubiquinol and achieve the same or better results than with standard CoQ10.

This is great news for people who can't efficiently convert CoQ10 to ubiquinol — either due to age or illness. Now, supplementing with ubiquinol will restore healthy levels of CoQ10 in your bloodstream and organs faster than anything you've experienced before.

So what can higher levels of natural, bioactive CoQ10 in your heart, brain, organs and tissues do for you?

Restores youthful stamina and energy levels

Restoring your CoQ10 to healthy levels can give you back the youthful

**"... no concerns
about safety or
adverse effects ..."**

Millions of people have taken CoQ10 supplements for over 40 years with no reported toxicity in over a thousand human and clinical trials. Respected institutions such as the Mayo Clinic and the National Institutes of Health (NIH) say there are few reported side effects of CoQ10. Recent data shows the safety and tolerability of CoQ10 at doses as high as 3,000 mg a day. The safety of ubiquinol has also been confirmed by recent single-blind, placebo-controlled studies.

Ubiquinol was developed by the largest manufacturer of CoQ10, creators of the most thoroughly tested, widely trusted and highest quality bio-identical CoQ10 in the world.

They have demonstrated its safety in preclinical toxicity studies and published human clinical studies, and adhere to the strictest manufacturing practices designated by the FDA.

energy you had years ago.

In one animal study, researchers measured the effect ubiquinol had on mice and exercise. The mice taking ubiquinol were able to run continuously 2.5 times longer than mice taking conventional CoQ10.

Other studies show that ubiquinol reduces exercise-related fatigue 90% better than conventional CoQ10. Supplementing with ubiquinol is the ideal way to restore and sustain your natural, youthful energy.

"... total rejuvenator..."

"CoQ10 is a total mind and body rejuvenator. I wouldn't dream of not taking it."

— Lynne Holden, M.D.

Shields your heart, brain and organs from deadly free radicals

Ubiquinol is also one of the most powerful fat-soluble antioxidants known to science. It has a special advantage that protects your body from damage caused by oxidative stress and free radicals.

The advantage comes from having 2 extra electrons compared to the conventional CoQ10 molecule. This makes a huge difference. Ubiquinol donates these 2 extra electrons to unstable free radicals like peroxides-and neutralizes them.

And because it's fat-soluble, ubiquinol can penetrate deep inside your cell membranes, into the very hub of your cells. It protects the mitochondria of your cells and even your DNA. Its potent free radical scavenging extends to brain tissue, where it protects neurons from the ravages of oxidative damage.

Ubiquinol also "recharges" other antioxidants in your body, such as vitamins A, C and E.

"... had much more energy ..."

"I really felt like I had much more energy. I take other vitamins that I know are good for me, but I really noticed how much better I was feeling soon after I started taking this."

— Roy D.
91 years old

And in the blood, ubiquinol protects against the oxidation of cholesterol more powerfully than other major antioxidants. Better than lycopene, beta-carotene, and tocopherols.

Boosts memory and brain function, too

I also like ubiquinol for neurological support. Since your brain is extremely metabolically active, CoQ10 helps your neurons make more energy. And when your neurons make more energy, you get better brain function.

Plus, since ubiquinol is 8 times more bioavailable, it can achieve the same effect with much smaller doses. It can protect neurons from oxidative damage and potentially ward off cognitive decline.

Give your immune system the boost it needs

When your immune system goes into battle against illnesses, your immune cells need huge amounts of energy.

Research shows the energy boost from ubiquinol enhances the activity of key immune functions. Like increasing antibody production and phagocyte activity. These are special immune cells that devour pathogens and other infections.

If you take statins, you need to know this

For years, I've been warning you that statins may lower cholesterol, but they do nothing to improve your health or lengthen your life.

What's worse, many studies show that statins interfere with your body's production of coenzyme Q10. And you already know how vital CoQ10 is for cellular energy production and normal heart muscle function.

Some doctors, like Dr. Peter

Ubiquinol also has the ability to increase oxygen utilization in your body. When your immune system is busy fighting viruses, bacteria and other toxins, this shot of oxygen can give it the extra strength it needs.

Slows down the effects of aging!

Because of its energy-rich, antioxidant ability, there can hardly be a more significant nutrient than ubiquinol on aging and health.

In one astonishing study, researchers took mice that were bred to age quickly. By the time middle age set in (around 9 months in mice), ubiquinol had slowed the aging process by 51% better than the control mice. *And 40% better than conventional CoQ10!*

By "old age" — 12 months — the difference was shocking. The control mice could barely move and were unresponsive, due to advanced aging. The mice on conventional CoQ10 were only slightly better.

But the mice taking ubiquinol were alert, responsive and energetic. They had no physical lesions or deformities. Their coat was the glossy type of a healthy young mouse!

Remember, these mice were specially bred to get old fast. Yet ubiquinol dramatically postponed their symptoms of aging.

Support for every part of your body...

Ubiquinol is so important for energy production and optimal health, it's no wonder it works on so many parts of your body, including:

- **Normalizes blood pressure:** 12 clinical trials show it has the potential to help maintain healthy blood pressure without significant side effects.
- **Supports better blood sugar levels.** Research shows people with high blood sugar often have up to 74% less ubiquinol in their systems. So supplementing with ubiquinol can support your body's ability to maintain normal blood sugar levels.
- **Restores healthy gums:** In several double-blind clinical trials, supplementing with CoQ10 significantly improved gum tissue.
- **Repairs damaged cells and even your DNA:** Ubiquinol helps repair and restore healthy cells throughout your body. It also helps build and repair the DNA you need for normal healing and growth.
- **Promotes healthy weight control.** Many obese people have low levels of CoQ10. Now, clinical studies show CoQ10 can speed up the metabolism of fats. Together with regular exercise and proper diet, ubiquinol can help you melt fat away like a top athlete!
- **Even fosters younger-looking skin!** Studies show ubiquinol may protect your skin against damage from harmful UV rays and the effects of aging.

[YES, I'd like to restore healthy levels of CoQ10 and feel more energetic than I have in years!](#)

There's no question that ubiquinol can

Langsjoen, a leading CoQ10 researcher, think that statin-induced CoQ10 depletion has led to an "epidemic" of heart problems in this country.

Many studies show substantial decreases in blood and tissue CoQ10 levels after taking statin drugs. That's because statins reduce the activity of HMG-CoA reductase, an enzyme that's involved in both cholesterol and CoQ10 production. This can drastically increase your chances of heart muscle impairment, or abnormalities of your heart's pumping cycle.

But there's one simple step you can take to protect yourself. If you have to take a statin, be sure to supplement with CoQ10 — preferably the new, more bioavailable form — ubiquinol. That's the kind you get in Advanced Ubiquinol Formula.

[Click here to get the most powerful form of CoQ10 for greater energy ... improved cardiovascular health and immune support.](#)

"... CoQ10 ..."

make a huge difference. It energizes your heart ... shields every cell in your body from free-radicals ... boosts memory and mental clarity ... strengthens your immune system ... and wards off the effects of aging.

If all you did was take pure ubiquinol every day instead of conventional CoQ10, I'm convinced you'd feel the difference in days. But you don't have to stop there...

"... feel better and others saw a big difference..."

"I rank this new supplement right up there with Vitamin C and Vitamin E in importance. I definitely feel better and others saw a big difference in me too."

— Shirley S.
Age 80

Get these 2 other heart-healers for even greater protection

The folks at Advanced Bionutritionals have created something that's truly unique for energy, vitality and a healthy heart.

They've combined ubiquinol with two of my favorite nutrients — including one nutrient which makes ubiquinol work even better! Here's how:

In a recent study, researchers looked at the effect that the nutrient carnitine had on the heart. They used a randomized, double-blind study (the best kind). They divided 62 patients into two groups. One group took CoQ10 and L-carnitine daily for 12 weeks. The other group took a placebo.

The group taking both supplements showed significant improvements in their shortness of breath and fatigue. They exercised better, too. All this is a sign that their heart cells produced more energy with the two supplements together.

And the best part: researchers used a relatively small amount of CoQ10. So we know that carnitine played a big role in the results.

Your body needs carnitine or "ALC" as it's commonly called, to burn fat and make energy in your mitochondria. So it's no surprise that adding carnitine to your regimen will "re-charge" your mitochondria and fire up the energy in your heart, brain, organs and muscles.

And that's not all. Researchers also found carnitine helps lower your risk of complications from high blood sugar ... reduce fatigue ... ramp up the energy in your brain for better thinking and longer attention span... and it may even slow down the effects of aging.

So if you have any type of heart, cardiovascular or energy concerns, it's one nutrient that should be part of your arsenal.

That's why I'm so excited that Advanced Bionutritionals decided to add it to their new ubiquinol formula. And it's not the only special nutrient you'll find...

Reverse aging ... restore glutathione levels ... detoxify ... boost your energy

How would you like to have enough energy to do all the things you dream of doing?

One of my favorite nutrients — alpha lipoic acid — can re-invigorate you and help you turn back the clock by 20 years or more.

Studies show alpha lipoic acid can practically reverse aging. Researchers tested it against 100 detoxification and antioxidant genes in mice. When given alpha lipoic acid, "their cognitive ability, behavior, and genetic expression are comparable to that of young animals." The animals weren't just living longer, they were living better.



just living longer, they were living better.

How does it do it? Researcher at the Linus Pauling Institute, found that alpha lipoic acid *restores levels of glutathione to that of a young animal.*

You probably already know that glutathione is a critical antioxidant and detoxifier. When glutathione levels decline, you become more susceptible to free radicals and other environmental toxins.

Researchers also found that alpha lipoic acid...

- "Recycles" vitamins C and E in your body, boosting their effectiveness.
- Helps detoxify your body of heavy metals, especially mercury and cadmium.
- "Kick starts" declining function in cells that were more abundant in youth.
- Reduces mitochondrial degeneration. Protecting your mitochondria is crucial to good health and high energy levels. The slower they age, the slower you age.
- Soothes inflammation throughout your body, which helps with many degenerative health conditions.

Supplement Facts	
Serving Size 2 softgels • Servings Per Container 30	
Amount per serving	% Daily Value
Coenzyme Q10 (as ubiquinol*).....	50 mg
L-Carnitine (as L-carnitine tartrate).....	200 mg
Alpha-Lipoic Acid.....	50 mg
*Daily Value not established.	
Other ingredients: Soybean oil, gelatin, glycerin, water, annatto extract, yellow beeswax, lecithin, and titanium dioxide.	
*Kaneka QH™ brand ubiquinol Kaneka QH™ is a trademark of Kaneka Corporation, Osaka, Japan	

Alpha lipoic acid is one nutrient I just love. It's one of the few stand-alone supplements that I take regularly. But now...

All 3 of these nutrients work together to give you a powerhouse of health benefits!

Ubiquinol is far superior to standard CoQ10. I believe you will get better results for even less money in the long run.

What's more, with this combination formula, you're getting 3 really powerful nutrients to support energy production, heart and cardiovascular health, improved memory, anti-aging benefits and more. It's a step beyond ubiquinol.

The only type of CoQ10 you should be taking now

Folks, this is the biggest CoQ10 news I've seen in many years. I give Advanced Bionutritional's Ubiquinol CoQ10 my highest recommendation.

If you are taking regular CoQ10 and not getting the improvement you need, Ubiquinol CoQ10 is for you.

The average person taking CoQ10 usually takes around 100 to 200 mg. per day. Since ubiquinol is 8 times more bioactive, only 25 mg. is equivalent to 200 mg. of conventional CoQ10. That's a good dose. And if you take the 2 softgels a day that I recommend, that's equal to a very healthy 400 mg. a day.

This breakthrough helps you achieve higher levels in your bloodstream, more

"... beyond anything I've seen in 25 years of cardiology practice..."

"The effects of ubiquinol on patients resulted in striking improvements beyond anything I've seen in 25 years of cardiology practice. It is my strong feeling that this ubiquinol product is a major breakthrough."

Saves you money, too

This is the only ubiquinol formula I know that has these two other heart and energy nutrients — alpha-lipoic acid and L-Carnitine — together in one complete formula.

In fact, if you were to purchase the ingredients found in Advanced Bionutritional's Ubiquinol CoQ10 separately — pure ubiquinol, acetyl-L-carnitine and alpha lipoic acid — you'd probably pay over \$60 a month. But with this special formula from Advanced Bionutritionals, you can get all three for as little as \$24.95 per bottle along with a FREE Gift.

I'm delighted that in these tough economic times, Advanced Bionutritionals has been able to lower the price and make this critical nutrient available to even more people.

[Click here to start benefiting from the all the powerful ingredients packed into Advanced Bionutritional's Ubiquinol CoQ10](#)

Feel the difference or you pay nothing

Remember: with every Advanced Bionutritionals product, you are completely protected by a "Down-to-the-Last-Pill" guarantee.

If at any time you're not satisfied with Ubiquinol CoQ10, just return the unused portion for a full refund of every penny you paid, including any shipping charges. No questions asked, no exceptions, no fine print.

Advanced Bionutritionals will even refund your money if you've finished the full bottle!

It's easy to order. Simply [click here](#) to fill out the secure order form. Or call us toll-free at 1-800-791-3395 any time 24 hours a day, seven days a week. Once we receive your order, we'll rush it to you via First Class Mail. You should receive it in a few days.

To give your body time to feel the full effects, I suggest you take a 3-month supply. You'll receive enough Ubiquinol CoQ10 for 90 days and you'll save more than \$3 off the price of each bottle. Better yet, ask for the Six-Month Savings Pack. You'll pay just \$24.95 per bottle (that's a \$5 savings on each one) and get a FREE Gift and FREE SHIPPING, too!

[Order now](#)

Put Ubiquinol CoQ10 to work for you ... and free yourself from fatigue and heart worries

Imagine how great it will feel to enjoy life with the energy and vitality you had 20 years ago.

Imagine how much fun you will have participating in your favorite activities again with friends, family and loved ones ... with renewed vigor and enthusiasm.

Imagine living without fatigue, shortness of breath, and the heart worries that may have plagued you before.

If you are concerned about your heart ... if you're suffering from fatigue, lack of energy, or memory issues ... this is one supplement you definitely don't want to be without.

I urge you to order your Ubiquinol CoQ10 today!

Yours for better health,





Robert J. Rowen, MD

P.S. Click below or call today to take advantage of the remarkable healing powers of Ubiquinol CoQ10. In just a few short weeks you'll be feeling the difference in new-found energy and stamina ... stronger immune system ... improved memory and mental clarity ... and better cardiovascular support. And you'll be so glad you took action today!

P.P.S. Respond today and receive this Special Gift FREE, Plus FREE shipping. I want you start enjoying all the energy, cardiovascular and immune system-boosting benefits of Ubiquinol CoQ10 as quickly as possible.

So if you order by Monday, July 6th we'll also send you a copy of *The Power of Kaneka QH* (Ubiquinol). This 42-page booklet gives you the latest scientific evidence on ubiquinol's amazing ability to conquer fatigue, strength your immune system, boost memory and brainpower, and even slow down the effects of aging. It's a \$5.95 value and yours FREE when you order now!

[Please follow this link to order, or call 800-791-3395 any time 24 hours a day, seven days a week, even over this Holiday Weekend!](#)

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