


Live the life you want...for as long as you want...and just...

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# SAY **NO** TO NURSING HOMES

HERE'S HOW TO MAKE SURE IT **NEVER HAPPENS TO YOU.**

A photograph of an older man and woman embracing outdoors. The woman is in the background, smiling broadly, and the man is in the foreground, also smiling. They are both wearing light-colored shirts. The background is a bright, hazy sky.

The #1 reason seniors have dangerous falls. It's not what you think.

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Better than assisted living!  
Surprising new choices...Page 4

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The fun, sexy way to keep your mind sharp Page 16

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How to crash-proof your retirement portfolio. Page 8

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Don't let your hospital kill you!  
Must-know info...Page 24

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And much more!

See page 55  
to claim your  
12 free gifts!



































